



Fulbright Finland Foundation Arrival Orientation for U.S. Fulbright Grantees 2023-24

January 23-25, 2024

Helsinki, Finland

Itinerary for U.S. Fulbrighters

(as of January 11)

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Please read all the information in this itinerary before the Arrival Orientation. Pay attention to the participation list. If you notice incorrect information, let us know!

Contact information

Maija Kettunen +358 (0)44 5535 277 – Logistics and program details

Mirka McIntire +358 (0)44 5535 269 - Emergency contact during the orientation

Heidi Tiainen +358 (0)44 7153 023 - Accommodation and travel reimbursements

If at any point of the orientation you have any questions, please contact your own program coordinator or one of the people mentioned above.

Accommodation Information

Hotel Scandic Hakaniemi

Siltasaarenkatu 14

00530 Helsinki

hakaniemi@scandichotels.com

+358 968 999 034

Dress Code

Please be prepared to dress warmly for the winter weather and check the weather forecast for each day and note that it can be very windy in Helsinki. Layers and good shoes are the key!

Our program starts at the Fulbright Finland Foundation office. After introductions and orientation sessions, we travel to Hotel Korpilampi in Espoo. For sauna, please bring your bathing suit. Towels are provided. This orientation day is family friendly and **dress code is casual**.

Wednesday begins at the Foundation office as well, from where we walk to the Restaurant Juttutupa for lunch. After lunch, our day continues with a city tour by bus followed by orientation sessions and Reception at the University of Helsinki. For Wednesday, the dress code is **business**, but please note that we will spend some time outside during the city tour, so wear warm clothes and comfortable shoes.

On Thursday we visit the Sibelius Upper Secondary School, where you will receive your grant certificates. The dress code is **business casual**. **The day includes walking, so dress warm and wear comfortable shoes.**

Social Media

The Foundation will be posting about the orientation in different social media channels using hashtag [#FinnishWelcome](#). Feel free to pitch in with your posts and photos on social media and remember to use the hashtag. One lucky person posting with the hashtag during the orientation will win a very special prize!

Accommodation

Hotel Scandic Hakaniemi is located in the Hakaniemi neighborhood of Helsinki, a few minutes' walk from the Fulbright Finland Foundation office.

Check-in starts at 15:00, but luggage can be left at the hotel earlier. The reception desk is open 24/7 so you can check-in at any time after 15:00. If you are staying additional nights at your own expense, please make sure you pay any out-of-pocket costs during check-in or check-out. Please note that the day of your departure, you should remove your luggage from your room by 12:00 noon. You may leave your carry-ons at the luggage storage at the hotel.

Breakfast is served during the week from 6:30-10:00.

Getting to the Hotel Scandic Hakaniemi

From the Central Railway Station, you can take the following public transportation methods to get to the hotel. Metro and tram (*ratikka*) leave from the railway station. Metro station is located underground, and the tram station is in front of the Railway Station.

You can take:

- Tram number 3 towards Meilahti via Kallio.
- Tram number 6 towards Arabia via Sörnäinen.
- Tram number 9 towards Ilmala via Kallio.
- Metro M1 or M2 towards Mellunmäki or Vuosaari.

Get off at Hakaniemi stop.

If you prefer to walk, the hotel is about 1,5 km from the railway station.

From Kamppi, the main bus station, you can take the following public transportation methods to get to the hotel.

- Tram number 7 towards Meilahden Sairaala. Get on at Kampintori and get off at Hakaniemi stop.
- Tram number 9 towards Ilmala. Get on at Kampintori and get off at Hakaniemi stop.
- Metro M2 or M1 towards Vuosaari or Mellunmäki. Get off at Hakaniemi stop.

You can purchase a ticket (select AB zone) to the tram, metro, or bus via HSL (Helsinki public transport) app, from a ticket machine or from the HSL service office. In the center, ticket machines (blue with HSL logo) can usually be found next to tram stations. Buy a ticket before getting on or you might be fined 100 € for traveling without a ticket. **Tickets are not sold on the vehicles.** Remember to activate the ticket before your first journey.



HSL Ticket Machine

Departure from Helsinki

The orientation seminar ends at Sibelius Upper Secondary School at 15:15. We recommend reserving tickets back to your Finnish hometown no earlier than 16:15. You will need time to go back to the hotel to collect your luggage as there is no possibility to have it with you during the orientation day. Both tram and walking take about 15 minutes from the school to the hotel.

Navigating in Helsinki

You can find the map with the Orientation locations from Google Maps: <http://bit.ly/3khG7HK>

For navigating with public transportation in Helsinki, we recommend using <https://reittiopas.hsl.fi/> or download the HSL app from your app store.

Tuesday, January 23

The program begins at the Fulbright Finland Foundation office. You can come to the Hakaniemenkatu 2 address by yourself by 12:30 or meet the Foundation staff at the hotel lobby at 12:25 and the staff will guide you to the office.

If you stay in the hotel, please store your luggage there and check-in later after our program is over for the day, unless the room is already available for you.

We begin with introductions and some light snacks. **Be sure to eat lunch before the orientation begins.** There will be some snacks available at Hotel Korpilampi at 16:10, but the first bigger meal will be dinner from 18:45 onwards.

After the orientation sessions at the Foundation office, we will take a bus to Hotel Korpilampi in Espoo. The program at Hotel Korpilampi includes breakout sessions for scholars and teachers during which you have an opportunity to discuss with your alumni colleagues about e.g. navigating the academic department or school visits as well as social and everyday life in Finland. **Please note that the breakout sessions are for grantees only due to limited space.** Family members can go to sauna earlier at 16:30. There is also a room with toys and games for children at the hotel.

If your family members are joining the evening at Hotel Korpilampi but not the sessions at the Foundation office, please instruct your family members to come to the Haka6 lobby (Hakaniemenkatu 2) by 15:00.

The group will also be joined by the Fulbright Leaders for Global Schools participants, who are K-12 school administrators on a 10-day study tour in Finland.

We will arrive back in Helsinki at around 20:30.

Wednesday, January 24

If you stay at the hotel, the Fulbright Finland Foundation team members will meet you at the lobby at 8:45.

If you are not staying at the hotel, then please come to the Haka6 lobby by 8:50. The staff will guide you to the Fulbright Finland Foundation office on the 6th floor for orientation sessions.

After the program:

Departure from the University of Helsinki is by public transport. Wednesday's dinner arrangements are on your own.

Thursday, January 25

If you are staying at the hotel and are departing Helsinki after the orientation seminar, remember to check out from the hotel in the morning before the Fulbright Finland Foundation staff comes to meet you at 9:00. You can leave your luggage at the hotel and collect them after the orientation sessions at Sibelius Upper Secondary School end at 15:15.

Dress code for the day is business casual.

After the program:

From Sibelius Upper Secondary School, it is 1,2 km walk to the Hotel Scandic Hakaniemi. You can also take a bus or a tram back to the hotel.

After the Orientation Seminar

Please send your travel reimbursement claim, including your travel tickets and bank account information, to the Fulbright Finland Foundation by **Monday, February 11** (Please note that no reimbursement can be made for tickets/receipts sent after this date!) by filling in this SurveyMonkey:

www.surveymonkey.com/r/Reimbursements

See more about travel reimbursements on the information website at www.fulbright.fi/travel-and-accommodation-during-spring-arrival-orientation-2024.

Participant list

	Name	Hotel	Jan-23		Jan-24					Jan-25		
			FFF Office	Korpilampi	FFF Office	Lunch	City Tour	University	Reception	FFF Office	Lunch	Sibelius
Grantees	Crawford, Stewart	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Brandt, Nicole	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Kjellstrand, Jean	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Deater-Deckard, Kirby	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Bue, Jill	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Oler, Dawn	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Pankratz, Ashley	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Butler-Doran, Teresa	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Trujillo, Gloriana	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Family and friends	Tokarczyk, Jenene	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
	Mikkelsen, Doreen	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes
	Bue, Anneke	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes
	McGinley, Jennifer	No	Yes	Yes	No	No	No	No	Yes	No	No	No