



ARRIVAL ORIENTATION PROGRAM

For U.S. Fulbright Scholars and Teachers

January 24-26, 2023 Helsinki, Finland

#FinnishWelcome



FULBRIGHT FINLAND
FOUNDATION



Welcome to Fulbright Finland!

Dear Fulbright Awardee,

On behalf of the Fulbright Finland Foundation Board of Directors and the staff team, it is my great pleasure and privilege to welcome you to Finland.

With your 2022-23 award, you are joining the community of over 6 000 Fulbright Finland Foundation grantees and alumni since the inception of our programs in 1949.

Among the nearly 160 Fulbright programs around the world, the Finnish-American program is unique. It is based on a history unlike any other, and in the present day it distinguishes itself internationally for its exceptionally broad funding and partnership network. We are proud of our program and we are so pleased to welcome you to our community of leaders.

The Fulbright year in Finland begins with an orientation seminar in Helsinki. The most important focus of the on-site orientation is to plug you in to the important local networks, and give you an opportunity to meet face-to-face with each other and with our key partners and leaders in education and society. This is why we have given you

most of the factual information already in advance through the pre-assignments, the web-based Fulbright Finland Guide for coming to Finland, and the Online Meetings. We hope you have taken the time to thoroughly familiarize yourself with the advance readings and materials, because the seminar starts from where these resources left off. It dives deeper into selected key topics, and strives to give you the direct contacts and connections that will help you hit the ground running. Make the most of it!

I encourage you to take an active role in the orientation program. It is your questions and comments that will help steer the discussions to be helpful to you specifically, and we look forward to lively and timely discussions with you. Once again, welcome to Finland!
Lämpimästi tervetuloa Suomeen!

Terhi Mölsä

Chief Executive Officer,
Fulbright Finland Foundation
@TerhiMolsa

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Thank You!

The Fulbright Finland Foundation wishes to thank the following partners and sponsors for their invaluable support for the 2023 Orientation Seminar:

Aalto University / www.aalto.fi

City of Espoo / www.espoo.fi

Embassy of the United States in Helsinki / fi.usembassy.gov

Haaga-Helia University of Applied Sciences / www.haaga-helia.fi

Ministry for Foreign Affairs / www.formin.fi

Finnish National Agency for Education / www.oph.fi

Sibelius Upper Secondary School / www.sibel.edu.hel.fi

University of Helsinki / www.helsinki.fi

VTT Technical Research Centre of Finland / www.vttresearch.com

DAY 1

Tuesday, January 24th

Welcome, Introduction to the Fulbright Finland Foundation, Finnish Foreign Policy

FULBRIGHT FINLAND FOUNDATION OFFICE (HAKANIEMENRANTA 6)

12:30-13:20 Welcome and Introductions of Grantees and the Foundation Team

- Picking up your orientation materials
- Meeting the Fulbright Finland Foundation team and grantees over coffee and traditional Finnish *karjalanpiirakka*
- Introducing all participants

13:20-13:30 *Tauko* - Break

13:30-14:30 U.S. Fulbrighters and the Fulbright Program in Finland: What Everyone Needs to Know

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

14:30-14:45 *Tauko* - Break

14:45-15:30 Bus to Hotel Korpilampi; Introduction to the Orientation Program

HOTEL KORPILAMPI (KORPILAMMENTIE 5, ESPOO)

15:30-19:30 Transatlantic Alumni Event on Finnish Foreign Policy and the U.S.-Finnish Bilateral Relationship

This unique event provides you an opportunity to network and collaborate with alumni of the Fulbright Finland Foundation and the U.S. Embassy Finland as well as discuss with experts from the Ministry for Foreign Affairs addressing Finnish foreign policy and the U.S.-Finnish bilateral relationship.

15:45-15:55 Greetings from the U.S. Embassy and Briefing on U.S. Citizen Services

- Registering
- Passport Replacement
- 24/7 Emergency Phone Number +358-9-616-250, Select 0
- STEP
- Travel to Neighboring Countries
- Other Citizen Services

Nazanin Berarpour, Public Diplomacy Officer, U.S. Embassy Helsinki

16:00-16:45 Discussion on Current Transatlantic Security Environment

Welcome and Introduction of the Expert Speakers

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Expert Briefing From Finland's Perspective, Russia's War on Ukraine, and What NATO Membership Will Mean for Finland

Jari Sinkari, Ambassador; Director General of the Department for the Americas and Asia, Ministry for Foreign Affairs of Finland

Joel Linnainmäki, Special Advisor to the Minister of Foreign Affairs, Ministry for Foreign Affairs of Finland; International Visitor Leadership Program Alum

Commentary on Current Transatlantic Security Environment from the U.S. Perspective

Douglas Hickey, U.S. Ambassador to the Republic of Finland

Questions and Comments from the Audience

16:45-16:55 *Tauko* - Break

16:55-18:00 Breakout Sessions for Fulbright Teachers and Scholars

TEACHERS: MEETING ROOM 5

Schools and Teachers in the Finnish Systems

- How to Go About Visiting Finnish Schools
- Communicating and Creating Social Connections with Finns
- Living in Finland

DISCUSSION LEADERS:

Tuija Kae, Teacher of English; International Coordinator. Sotunki Upper Secondary School; Fulbright Distinguished Award in Teaching 2019-20

Anna-Mari Ojala, English Teacher and Teacher Trainer, Viikki Teacher Training School of Helsinki University; Fulbright Distinguished Award in Teaching 2022-23

Päivi Parkkonen, Teacher, Kuusankoski Senior High School; Study of the U.S. Institute for Secondary Educators 2017-18

Taru Pohtola, English and German Teacher, Martinlaakso Upper Secondary School; Fulbright Distinguished Award in Teaching 2015-16

Jenni Sipola, Classroom and Tutor Teacher, Lehtikuusi School; Fulbright Distinguished Award in Teaching 2021-22

Maria Virokannas, English Teacher, Sibelius Upper Secondary School; Study of the U.S. Institute for Secondary Educators 2020-22

Higher Education Classroom in Finland - Differences in Teaching and Studying Between U.S. and Finland and Navigating the Academic Department

- Academic vocabulary for Finland
- Similarities/differences between U.S. and Finnish students and HEIs
- Practical tips for lecturers and researchers
- Social and everyday life

DISCUSSION LEADERS:

David Duncombe, Assistant Teaching Professor, University of Wisconsin, Oshkosh; Fulbright-Haaga-Helia Scholar Award 2022-23

Ari-Elmeri Hyvönen, Post-doctoral Researcher, University of Helsinki; ASLA-Fulbright Research Grant for a Senior Scholar 2022-23

Olli-Pekka Malinen, Lead Expert, University of Helsinki; ASLA-Fulbright Research Grant for a Junior Scholar 2014-15

Antti Rajala, University Researcher, University of Eastern Finland; Fulbright Finland Travel Grant for Research Collaboration 2019-20

Elizabeth Whitney, Assistant Professor, CUNY - Borough of Manhattan Community College; Fulbright-University of Turku Scholar Award 2015-16

18:00-19:30 *Päivällinen* - Dinner

Menu:

Beetroot and goat cheese salad

Roasted pumpkin, peanut and spinach

Tomatoes with marinated red onion and arugola

Caesar salad with *Västerbotten* cheese

Smoked salmon with dill mayonnaise

Sprout and herb salad

Vinaigrette of the house

Bread selection

Charred white fish with Beurre Blanc sauce

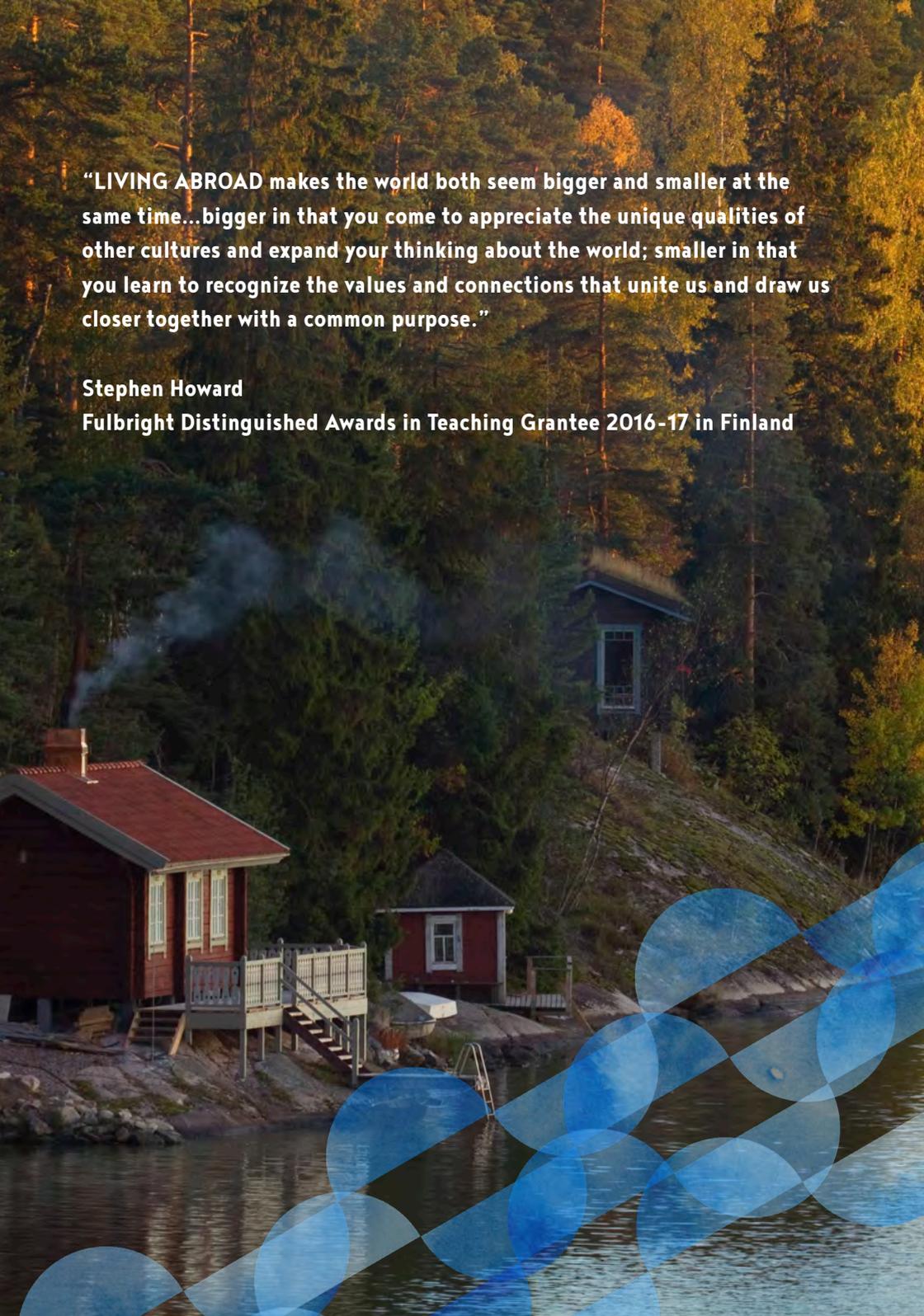
19:30 **Bus Back to Helsinki**

20:15 **Arrival to Hakaniemi**

“LIVING ABROAD makes the world both seem bigger and smaller at the same time...bigger in that you come to appreciate the unique qualities of other cultures and expand your thinking about the world; smaller in that you learn to recognize the values and connections that unite us and draw us closer together with a common purpose.”

Stephen Howard

Fulbright Distinguished Awards in Teaching Grantee 2016-17 in Finland





DAY 2

Wednesday, January 25

Education and Research in Finland; Finnish Language; Alumni Welcome

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

8:50 Meet with the Fulbright Finland Foundation Team in the Lobby

9:00-11:00 City Tour by Bus

Tour Guide:

Maria del Carmen Hanninen

11:00 Arrival to Aalto University, Espoo

AALTO UNIVERSITY, UNDERGRADUATE CENTRE (OTAKAARI 1, ESPOO)

11:15-11:25 Recap and Reflections

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

11:25-11:40 Your Role in Publicity and Outreach

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Maija Kettunen, Communication Specialist, Fulbright Finland Foundation

Heidi Tiainen, Program and Events Assistant, Fulbright Finland Foundation

- Social Media
- Media Outreach
- Fulbright Finland Events for Spring 2023
 - Fulbright Forum: Education, Innovation, Science and Art (Online)
 - Mid-term meeting (March 16-17, Helsinki)
 - Fulbright Finland Foundation Award Ceremony and Reception (May 16, Helsinki)
- CEO Conversations
- Fulbright Speaker Program

11:40-11:45 Tauko - Break

11:45-12:30 Panel Discussion: Finnish System of Higher Education and Research

Jouni Ahonen, Commercial Director and Vice President, Haaga-Helia University of Applied Sciences

Timo Korkeamäki, Dean, Aalto University School of Business; Vice-Chair of the Fulbright Finland Foundation Board of Directors

- Finnish System of Higher Education and Research
- Differences Between Universities and Universities of Applied Sciences
- Internationalization in Finnish Higher Education and Research

MODERATOR:

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

KAHVILA ALVARI (OTAKAARI 1)

12:30-13:30 Lounas - Lunch

AALTO UNIVERSITY, UNDERGRADUATE CENTRE (OTAKAARI 1, ESPOO)

13:30-14:30 Panel Discussion: Finnish Education System

Kristina Kaihari, Counsellor of Education, Finnish National Agency for Education

Harri Rinta-aho, Deputy Mayor of Education and Cultural Services, City of Espoo

Anne-Marie Rapo, Principal, Espoo International School; Fulbright Leaders for Global Schools Travel Grantee 2019

- National Framework for Finnish K-12 Education
- Role of Municipalities in Organizing Education
- Principals' and Teachers' Role in Finnish Schools

MODERATOR:

Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation

14:30-14:40 Tauko - Break

14:40-15:10 Suomi 101

Eveliina Suuniitty, PhD Student and University Lecturer, University of Turku; Fulbright Finnish Language and Culture Teaching Assistant 2021-22

VTT CENTRE FOR NUCLEAR SAFETY (KIVIMIEHENTIE 3)

15:30-17:00 Welcome Event at the VTT Centre for Nuclear Safety

Host: **Erika Holt**, Principal Scientist and Customer Manager, VTT the Technical Research Centre of Finland; Chair of the Fulbright Finland Foundation Board of Directors

Free evening; Dinner arrangements on your own

DAY 3

Thursday, January 26

Daily Life in Finland, Fulbright Finland Foundation Services, School Visit

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

7:45 **Optional: Meet with the Fulbright Finland Foundation Team in the Lobby; Walk to Allas Sea Pool**

ALLAS SEA POOL (KATAJANOKANLAITURI 2A)

8:15-9:15 **Optional: Opportunity to go to Sauna and Swim in the Sea at Allas Sea Pool**

9:40 **Walk from Allas Sea Pool to the University of Helsinki**

If you don't join the sauna, follow the program below:

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

09:45 **Meet with the Fulbright Finland Foundation Team in the Lobby; Walk to the University of Helsinki**

UNIVERSITY OF HELSINKI (SILTAVUORENPENGER 10)

10:00 **Morning Coffee and *Korvapuusti***

10:15-10:20 **Welcome by the University of Helsinki**

Arto Kallioniemi, Professor in Religious Education, University of Helsinki; Study of the U.S. Institute for Scholars 2015-16; ASLA-Fulbright Research Grant for a Senior Scholar 2021-22

10:20-10:40 **Recap and Reflections**

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

10:40-11:15 **Key Contacts During Your Fulbright Program, Host Institution, and Fulbright Finland Foundation Services and Responsibilities**

Emmi Jelekäinen, Program Specialist, Fulbright Finland Foundation
Karoliina Kokko, Senior Program Manager, Fulbright Finland Foundation

11:15-11:25 *Tauko - Break*

11:25-12:05 **Adventures in Intercultural Communication and Culture Shock**

Sophia Hagolani-Albov, Doctoral Student, University of Helsinki;
U.S. Fulbright Fellow 2013-14

12:05-12:15 **Grantee-Alumni Continuum**

Karoliina Kokko, Senior Program Manager, Fulbright Finland Foundation

UNICAFE OLIVIA

12:15-13:15 *Lounas - Lunch*

13:15 **Walk to Sibelius Upper Secondary School**

SIBELIUS UPPER SECONDARY SCHOOL (LIISANKATU 13)

13:30-14:15 **Introduction to the School and Performances by the Students**

Tour of the school building by **Maria Virokannas**, English Teacher, Sibelius Upper Secondary School; Study of the U.S. Institute for Secondary Educators 2020-22

Welcome by **Hannu Rantala**, Principal, Sibelius Upper Secondary School

Chamber choir of Sibelius Upper Secondary School conducted by **Maija Laurinsilta**, Sibelius Upper Secondary School

14:15-15:00 **Wrap-up Discussion, Evaluations, and Awarding of the Certificates; Announcing the Winner of the #FinnishWelcome Contest**

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

15:00 **Orientation Seminar Ends**



NOTES



2022-23 GRANTEEES AT THE AUGUST ARRIVAL ORIENTATION

GRANTEES

American Grantees

in Finland 2022-23

FULBRIGHT DISTINGUISHED CHAIRS

Crossley, Craig

Fulbright-Hanken Distinguished
Chair in Business and Economics
Business Management
University of Central Florida, FL
Hanken School of Economics, Helsinki
4 months, Flex grant for academic
years 2022-24

Dorman, David

Fulbright-Saastamoinen Foundation
Distinguished Chair in Health
Sciences
Environmental Health Sciences
North Carolina State University, NC
University of Eastern Finland,
Kuopio
2 months, Flex grant for academic
years 2021-23

Ellram, Lisa

Fulbright-Hanken Distinguished
Chair in Business and Economics
Supply Chain Management
Miami University, OH
Hanken School of Economics,
Helsinki
4 months, beginning February 2023

Malony, Allen

Fulbright-Nokia Distinguished Chair
in Information and Communications
Technologies
Computer Science
University of Oregon, OR
University of Helsinki
9 months, beginning September
2022

Sharda, Ramesh

Fulbright-Aalto University
Distinguished Chair
Information Systems, Analytics, and
Data Science
Oklahoma State University, OK
Aalto University, Espoo
4 months, beginning March 2023

Witwer, David

Fulbright Bicentennial Chair in
American Studies
American Studies
Pennsylvania State University, PA
University of Helsinki
9 months, beginning August 2022

FULBRIGHT SCHOLARS

Abrams, Samuel

Fulbright-University of Turku
Scholar Award
Political Science and Education
Teachers College at Columbia
University, NY
University of Turku
12 months, beginning September 2022

Anker, Jeffrey

Fulbright-Tampere University
Scholar Award
Analytical Chemistry and Imaging
Clemson University, SC
Tampere University
7 months, beginning July 2022

Barker, Kash

Seeking Solutions for Global
Challenges Award
Industrial and Systems Engineering
University of Oklahoma, Norman, OK
Aalto University, Espoo
5 months, beginning January 2023

Collins, William

Fulbright-VTT Award in Science,
Technology and Innovation
Civil Engineering
University of Kansas, KS
VTT Technical Research Centre of
Finland, Espoo
6 months, beginning January 2023

Donahue, Patricia

Fulbright-Tampere University
Scholar Award
Public Policy
George Mason University, VA
Tampere University
10 months, beginning January 2022

Duncombe, David

Fulbright-Haaga-Helia Scholar
Award
Marketing
University of Wisconsin, Oshkosh, WI
Haaga-Helia University of Applied
Sciences, Helsinki
10 months, beginning August 2022

Jackowski, Michael

Fulbright-Haaga-Helia Scholar
Award
Marketing and Sales
Metropolitan State University of
Denver, CO
Haaga-Helia University of Applied
Sciences, Helsinki
5,5 months, beginning January 2023

Kjellstrand, Jean

Social Work
University of Oregon, OR
Tampere University; University of
Helsinki
5 months, Flex grant for academic
years 2022-24

Mascha, Maureen

Fulbright–University of Vaasa
Scholar Award
Accounting
Purdue University Northwest, IN
University of Vaasa
10 months, beginning August 2022

Monseau, Susanna

Fulbright–Turku UAS Scholar Award
Intellectual Property Law and
Business
The College of New Jersey, NJ
Turku University of Applied Sciences
5 months, beginning August 2022

Tallmon, David

Population Genetics
University of Alaska Southeast, AK
University of Helsinki
5 months, Flex grant for academic
year 2022–23

Taylor, Adam

Fulbright–Saastamoinen Foundation
Grant in Health and Environmental
Sciences
Forestry
University of Tennessee, Knoxville, TN
University of Eastern Finland, Joensuu
6 months, beginning January 2023

Wagner, Anita

Fulbright–Tampere University
Scholar Award
Health Policy
Harvard University, MA
Tampere University
8 months, beginning September 2022

West, Michael

Astronomy and Astrophysics
Lowell Observatory, AZ
University of Turku
4 months, Flex grant for academic
years 2021–23

Yang, Hui

Fulbright–VTT Award in Science,
Technology and Innovation
Industrial and Manufacturing
Engineering
Pennsylvania State University, PA
VTT Technical Research Centre of
Finland, Espoo
6 months, beginning August 2022

Zhang, Jie

Fulbright–VTT Award in Science,
Technology and Innovation
Engineering and Energy
University of Texas at Dallas, TX
VTT Technical Research Centre of
Finland, Espoo
6 months, beginning January 2023

**MID-CAREER PROFESSIONAL
DEVELOPMENT GRANT****Gale, Sylvia**

Civic Engagement
University of Richmond, VA
Deaconess Foundation, Helsinki;
Tampere University of Applied Sciences
5 months, beginning January 2023

**FULBRIGHT GLOBAL SCHOLAR
AWARD****Djonko-Moore, Cara**

Teacher Training
Rhodes College, TN
University of Turku
2 months, beginning September 2022

Hu, Qinhong (Max)

Energy Geosciences
University of Texas at Arlington, TX
University of Helsinki
4 weeks, beginning August 2022

Putman, Michael

Education
University of North Carolina at
Charlotte, NC
University of Jyväskylä
6 weeks, beginning September 2022

FULBRIGHT SPECIALIST PROGRAM**Bengston, David**

Horizon Scanning for Forest
Bioeconomy in Finland
USDA Forest Service, MN
University of Eastern Finland, Joensuu
2 weeks, beginning TBC

Bobkowski, Peter

Disentangling Disinformation in
Social Media
University of Kansas, KS
Laurea University of Applied
Sciences, Vantaa
2 weeks, beginning August 2022

Elford, Martha

Education
Online Facilitation of Teaching
Practicum
University of Kansas, KS
University of Helsinki
3 weeks, beginning November 2022

Mazzotta, Matthew

SOLARIS-ART: Engaging With
Solidarities in Flood Risk Management
Through Community Art
Massachusetts Institute of
Technology, MA
Finnish Environment Institute,
Helsinki
3 weeks, beginning August 2022

Yang, Frances

Nursing Research
The Application of Latent Variable
Models in Health Research
University of Kansas, KS
University of Eastern Finland,
Kuopio
6 weeks, beginning November 2022

FULBRIGHT DISTINGUISHED AWARDS IN TEACHING RESEARCH

Abel, Fallon

Teaching Adolescents Social-Emotional Skills Through Phenomena-Based Learning and Flexible Pathways
The Sharon Academy, VT
University of Helsinki
6 months, beginning January 2023

Biddle, Christina

Multidisciplinary Learning: Understanding Humanity and the World's Interdependence
West Orange High School, NJ
University of Helsinki
6 months, beginning January 2023

Patella-Buckley, Mikayla

Supporting Female Students and Students of Color in Science: Best Pedagogies From Finnish Classrooms
University Prep, WA
University of Jyväskylä
4 months, beginning January 2023

Voss, Nanette

Less Is More: Increasing Rigor and Engagement Without Creating Teacher or Student Burnout
Eureka Senior High School, CA
University of Jyväskylä
3 months, beginning January 2023

U.S. STUDENTS

U.S. Student Program grantees will be in Finland for 1 academic year

Agee, Claire

Fulbright-LUT University Graduate Award
Supply Management
Graduate of Arizona State University, AZ
LUT University, Lappeenranta

Amicucci, Peter

Fulbright-LUT University Graduate Award
Supply Management
Graduate of the University of Scranton, PA
LUT University, Lappeenranta

Davidson-Mendez, Stephanie

Fulbright-University of Jyväskylä
Graduate Award
Linguistics
Graduate of the University of Texas at Austin, TX
University of Jyväskylä

Paulson, Casey

Fulbright-LUT University Graduate Award
Sustainability Science and Solutions
Graduate of the University of Wisconsin-Parkside, WI
LUT University, Lappeenranta

Rastogi, Neetika

Fulbright-University of Helsinki
Graduate Award
Neuroscience
Graduate of Johns Hopkins University, MD
University of Helsinki

Smiles, Abigail

Fulbright-Tampere University
Graduate Award
Education
Graduate of Wayne State University, MI
Tampere University

Sowa, Timothy

Fulbright-Tampere University
Graduate Award
Sustainable Digital Life
Graduate of Bowdoin College, ME
Tampere University

Wang, Irina

Design
Graduate of Rhode Island School of Design, RI
Aalto University, Espoo;
Arctic Centre at University of Lapland, Rovaniemi

West, Erica

Fulbright-LUT University Graduate Award
Mathematics
Graduate of Hanover College, IN
LUT University, Lappeenranta

Zdroj, Nicholas

Fulbright-Aalto University Graduate Award
Mechanical Engineering
Graduate of Linfield University, OR
Aalto University, Espoo

Zinno, Joseph

Fulbright-LUT University Graduate Award
Industrial Design Engineering
Graduate of Villanova University, PA
LUT University, Lahti

FRIENDS OF FULBRIGHT FINLAND ALUMNI ENRICHMENT AWARD

Yoncha, Anne

Fine Arts
Re:Peat Replant - An Antiphonal Elegy on a Post-extraction Peatland Site
East Central University, OK
Natural Resources Institute Finland
LUKE

In addition to these grants, the Fulbright Finland Foundation will award approximately 10 grants for short-term visits by American specialists.

Find the locations also on Google Maps!



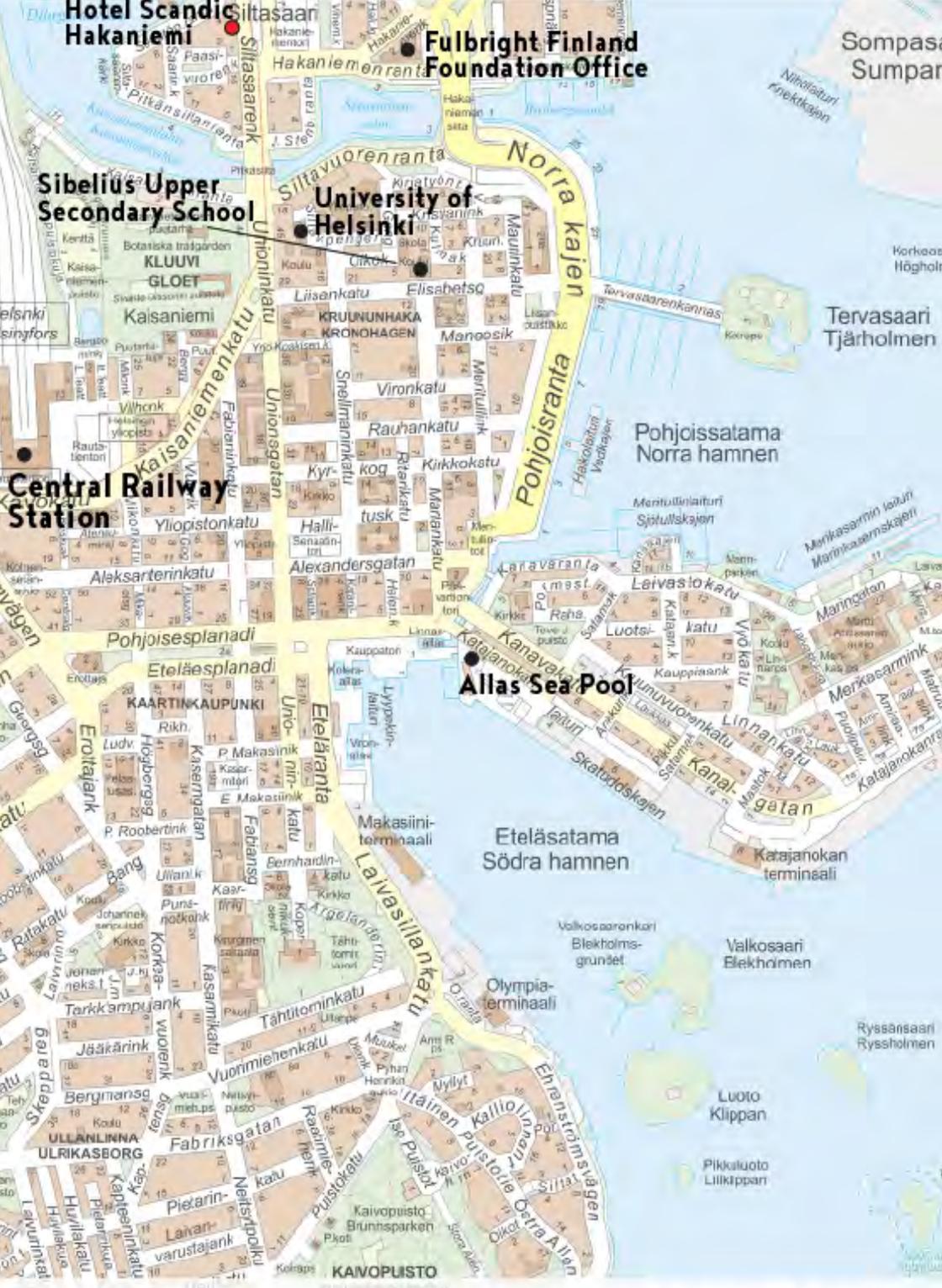
or
<http://bit.ly/3khG7HK>

Hotel Korpilampi

**Aalto University & VTT
Centre for Nuclear Safety**



500 m 1:10,000



Hotel Scandic Siltasaari

Hakaniemi

Fulbright Finland Foundation Office

Sompasaari Sumpar

Sibelius Upper Secondary School

University of Helsinki

Central Railway Station

Allas Sea Pool

Pohjoissatama Norra hamnen

Eteläsatama Södra hamnen

LUOTO Klippan

Pikkuluoto Liikkipan



**FULBRIGHT FINLAND
FOUNDATION**

Find us online

#FulbrightFinland #FinnishWelcome

