



Fulbright Finland Arrival Orientation for U.S. Fulbright Grantees 2019-2020

January 22-24, 2020
Helsinki, Finland

Itinerary for U.S. Fulbrighters (as of January 17)

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Contact Information

Maija Kettunen +358 (0)44 5535 277 - Logistics and program details

Mirka McIntire +358 (0)44 5535 269 - Emergency contact during the orientation

Heidi Tiainen +358 (0)44 7153 023 - Accommodation and travel reimbursements

If at any point of the orientation you have any questions please contact your own program coordinator or one of the people mentioned above.

Accommodation Information

Hotel Scandic Hakaniemi

Siltasaarencatu 14

00530 Helsinki

hakaniemi@scandichotels.com

+358 968 999 034

Dress Code

The orientation program contains a substantial amount of walking, so comfortable shoes are recommended. Please let us know in advance if this is a concern to you.

The dress code for the first orientation day is casual. We are heading to have sauna after our introductions at the Fulbright Finland Foundation office, so we recommend bringing comfortable and warm clothes to wear afterwards.

For the second day the dress code is business as we will be attending an Alumni Reception at the U.S. Embassy. Please note that we head straight to the U.S. Embassy after the City Tour. Changing into your reception attire will not be possible, so come dressed for the day.

On Friday we will spend the day at EMMA Espoo Museum of Modern Art and Sibelius Upper Secondary School. For this day the dress code is business casual.

Social Media

Fulbright Finland Foundation will be posting about the orientation in different social media channels using hashtag [#FinnishWelcome](#). Feel free to pitch in with your posts and photos on social media and remember to use the hashtag!

Group Photo

A group photo will be taken of all the grantees during the orientation. The photos will be shared with the grantees after the orientation.

Wifi

Fulbright Finland Foundation office building and Villa Hvittorp have a Wi-Fi connection for visitors.

Accommodation

Hotel Scandic Hakaniemi is located in the Hakaniemi part of Helsinki, a few minute walk from the Fulbright Finland Foundation office. Check in starts at 3 pm, but luggage can be left at the hotel earlier. The reception desk is open 24/7 so you can check in at any time after 3 pm. If you are staying additional nights at your own expense, please make sure you pay any out-of-pocket costs during check-in. Please note that on the day of your departure, you should remove your luggage from your room by 12 pm. You may leave your carry-ons at the luggage hold at the hotel.

Breakfast is served during the week at 6:30-10:00 am.

Arrival

From the Central Railway Station you can take the following public transportation methods to get to the hotel. Metro and tram (*ratikka*) leave from the railway station. Metro station is located underground, and the tram station is in front of the Railway Station.

You can take any of the following trams. Get off at Hakaniemi stop.

- Tram number 3 towards Meilahti
- Tram number 6, 6T towards Arabia
- Tram number 9 towards Pasila

If you prefer walking, the hotel is about 1,5 km (0.93 miles) from the railway station.

From Kamppi, the main bus station, you can take the following public transportation methods to get to the hotel. Get off at Hakaniemi stop.

- Tram number 9 towards Pasila. Get on at Simonkatu.
- Subway (metro) towards Vuosaari or Mellunmäki.

Buy a ticket before getting on or you might be fined 80€ for traveling without a ticket. You can buy a single ticket in advance from any R-Kioski, ticket machines, or download the HSL (Helsinki public transport) app. The ticket inside the Helsinki city center will be for zones AB, and the ticket costs 2,80€. Please note that R-Kioski adds a small service fee for each ticket when purchased from there.

Tickets are not sold on trams or metros. They are sold on buses, and a ticket for the AB-zone costs 4€ (cash only!) Please note that these public transportation tickets inside Helsinki are **not reimbursed**.



HSL Ticket Machine

Departure from Helsinki

The third orientation day ends at 3.30 pm. We recommend reserving tickets back to your Finnish home town earliest after 4.30 pm. You will need time to go back to the hotel to collect your luggage as there is no possibility to have it with you during the orientation day.

Navigating in Helsinki

You can find the map with the Orientation locations on the second last page of the itinerary or online on Google Maps: <https://bit.ly/2ZFogfk>

Orientation Program

A program booklet will be published closer to the Orientation with a more detailed schedule.

Wednesday, January 22

The orientation starts at the Fulbright Finland Foundation office at Hakaniemenranta 6. Fulbright Finland Foundation team members will meet you at the hotel lobby to escort you to the office at 12:10.

If you wish to arrive to Hakaniemenranta 6 on your own, please be at the lobby by 12:25.

After the Orientation sessions at the Fulbright Finland Foundation office, we will travel by bus to Villa Hvittorp in Kirkkonummi. The teachers' and scholars' break-out sessions with invited Fulbright program alumni and other discussion leaders will take place at the historical Villa Hvittorp. The evening continues with sauna and possibility to swim in Lake Vitträsk and concludes with a dinner. **Please remember to take with you your bathing suit, towel and other necessities for sauna in the morning. If you plan on going ice swimming, we recommend also taking slippers with you.** You will not have time to get your things from the hotel during the orientation day.

If your family members are joining us at Hvittorp but not the sessions at the office, please note that family members should be at the Hakaniemenranta 6 lobby by 15:20.

Family members can go to sauna earlier (at 4:30 pm), enjoy some Finnish winter activities in the yard, or stay cozy at the Villa Hvittorp playing cards etc.

NOTICE!

Swimming in the lake is at your own risk. The Fulbright Finland Foundation and Villa Hvittorp are not responsible for any accidents or injuries!

Tentative Program:

Hotel Scandic Hakaniemi, Siltasaarencatu 12

12:10 Fulbright Finland Foundation team members will meet you in the hotel lobby and escort you to FFF office.

Plaza, Hakaniemenranta 6

12:30–13:30 Welcome and Introductions of Grantees and the Foundation Team;

Kahvi ja Pulla; Pick Up Your Orientation Materials

- Picking up your orientation materials
- Meeting the Fulbright Finland Foundation team and grantees over coffee and traditional Finnish sweet bun
- Introducing all participants

13:30–13:40 Introduction to the Orientation Program

Mirka McIntire, Manager, Teacher Exchange and Education Programs,
Fulbright Finland Foundation
MC for the Orientation Seminar

13:40–14:50 U.S. Fulbrighters and the Fulbright Program in Finland: What Everyone Needs to Know

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

14:50–15:00 *Tauko* – Break

15:00–15:20 Your Role in Publicity and Outreach

- Social Media
- Media Outreach
- Fulbright Speaker Program

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation
Maija Kettunen, Communication and Events Coordinator, Fulbright
Finland Foundation
Leasa Weimer, Assistant Director of Strategic Partnerships &
Initiatives, Fulbright Finland Foundation

15:20–15:30 *Tauko* – Break

15:30–16:30 Bus to Hvittorp

During the bus ride you will hear about the Finnish concept of *jokamiehen oikeudet* “every man’s rights” and history of Villa Hvittorp.

Hvittorp

16:30–17:30 Break-Out Sessions for Fulbright Teachers and Scholars

Group 1: Teachers: Schools and Teachers in the Finnish Systems

Discussion Leaders:

Eija Kauppinen, Counsellor, Finnish National Agency for Education;
Fulbright Distinguished Awards in Teaching 2010-2011

Taru Pohtola, English Teacher, Martinlaakso Upper Secondary
School; Fulbright Distinguished Awards in Teaching 2015-2016

Tarja Mykrä, Director of Development, Mercuria Business College;
Fulbright Distinguished Awards in Teaching 2015-2016; Fulbright
Leaders for Global Schools Travel Grantee to the U.S. 2019

Facilitator: **Mirka McIntire**, Manager, Teacher Exchange and
Education Programs, Fulbright Finland Foundation

Group 2: Scholars: Higher Education and Research Environment in
Finland

Discussion Leaders:

Kristina Heinonen, Professor, Centre Director, Hanken School of
Economics; ASLA-Fulbright Research Grant for a Senior Scholar 2017-
2018

Nely Keinänen, University Lecturer, Department of Modern
Languages, University of Helsinki

Ville Taajamaa, Project Manager, Department of Information
Technology, University of Turku; Mid-Career Professional
Development Grant 2014-2015

Facilitators:

David Yoken, Senior Lecturer, Arts Academy, Turku University of
Applied Sciences; Vice-Chair of the Fulbright Finland Foundation
Board of Directors

Leasa Weimer, Assistant Director of Strategic Partnerships &
Initiatives, Fulbright Finland Foundation

16:30-19:00 Sauna



The evening continues with sauna and a possibility to ice swim in lake Vitträsk. Family members can go to sauna already at 16:30.

18:45 Buffet Dinner

Location: Course Center

19:45 Bus Back to Helsinki

The bus will stop in Hakaniemi near the hotel. The bus will make additional stops at Matinkylä metro station in Espoo and at Ateneum Art Museum in Helsinki.

20:30 Bus Arrives in Helsinki

Thursday, January 23

If you are staying at the hotel, the Fulbright Finland Foundation team members will depart with you to the Fulbright Finland Foundation office at 8:45 am.

If you are not staying at the hotel, please be at the office lobby by 8:55 am.

If your family members are attending the City Tour but not the sessions at the office, please note that family members should be at the Fulbright Finland Foundation lobby by 14:25.

Please remember that Thursday's dress code for the U.S. Embassy Reception is business. Based on our experience, it is easiest if you wear the same clothes all day (that's what we do). Also, you need to bring along a **valid photo I.D. to the U.S. Embassy**. American passport is preferred.

Remember that you are not allowed to take any: large bags, memory sticks, computers, Bluetooth headphones and cameras past the embassy security, so travel light that day.

While in the Embassy, your phone's Bluetooth and Wi-Fi must be turned off.

Tentative Program:

Hotel Scandic Hakaniemi, Siltasaarencatu 14

8:45 Fulbright Finland Foundation team members will meet you in the hotel lobby and escort you to FFF office.

Plaza, Hakaniemenranta 6

9:00-9:30 *Aamukahvi ja Karjalanpiirakka; Recap*

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

9:30-9:40 **U.S. Citizen Services**

- Registering
- Passport replacement
- 24/7 emergency phone number +358-9-616-250, select 0
- STEP
- Travel to neighboring countries

- Other citizen services

Jeremy Wisemiller, Consul, U.S. Consulate

9:40–10:00 Key Contacts During Your Fulbright Program, Host Institution and Fulbright Finland Services and Responsibilities

Emmi Jelekäinen, Program Specialist, Fulbright Finland Foundation
Karoliina Kokko, Senior Program Manager, Fulbright Finland Foundation

10:00–10:20 Fulbright Finland Events for Spring 2020

- Fulbright Forum: Education, Innovation, Science and Art
- Workshop Focusing on Disinformation and Media Literacy
- Fulbright Finland Award Ceremony

Maija Kettunen, Communication and Events Coordinator, Fulbright Finland Foundation

10:20–13:30 Inter-Country Travel Grant

Emilia Holopainen, Program Coordinator, Fulbright Finland Foundation

10:30–10:35 What Does Fulbright Finland Do in View of Your Taxes?

Pia Arola, Executive Assistant, Fulbright Finland Foundation

10:35–10:45 *Tauko* – Break

10:45–11:45 Panel Discussion: Finnish System of Education (K-12): National, Municipal and School Level

- **Pia Hakkari**, Educational Coordinator, City of Vantaa
- **Kristina Kaihari**, Counsellor of Education, Finnish National Agency for Education
- **Maija Heikkilä**, Teacher of English, Helsinki University Teacher Training School in Viikki, Fulbright Distinguished Awards in Teaching 2016-2017

Moderator: Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation

Restaurant Lasiranta, 1st Floor

11:45–12:45 Lunch

Plaza

12:45–13:30 Panel Discussion: Finnish System of Higher Education and Research

- Differences Between Universities and Universities of Applied Sciences (UAS)
- Finnish System of Higher Education and Research
- Internationalization in Finnish Higher Education and Research

Panelists:

- Timo Korkeamäki, Dean, Aalto University School of Business; Member of the Fulbright Finland Foundation Board of Directors
- Teemu Kokko, President, Haaga-Helia University of Applied Sciences

13:30–14:15 Adventures in Intercultural Communication and Culture Shock

Leasa Weimer, Assistant Director of Strategic Partnerships & Initiatives, Fulbright Finland Foundation

14:15–14:30 *Tauko* – Break

14:30–16:30 City Tour by Bus

Tour Guide: Maria del Carmen Hänninen

The bus will take family members who will not join the Embassy Reception back to Hakaniemi.

17:00–19:00 Alumni Get-Together at the U.S. Embassy

Departure from the Embassy and dinner arrangements on your own.

Friday, January 24

If you are staying in the hotel and are departing Helsinki in the evening, remember to check out from the hotel in the morning before the Fulbright Finland Foundation staff comes to meet you.

The dress code for the day is business casual.

Fulbright Finland Foundation team members will meet you at the hotel at 8:45 to escort you to the bus leaving from the Fulbright Finland Foundation office.

If you are not staying in the hotel, meet us at the Fulbright Finland Foundation office by 8:55.

If you are late from the bus, you will have to come on your own to EMMA. Metro M1 to Matinkylä and M2 to Tapiola will take you close to EMMA. Get off at Tapiola stop. Our program at EMMA Espoo Museum of Modern Art begins at 9:30.

From EMMA we will take the bus to the Sibelius Upper Secondary School. At the school we will enjoy performances by the students, and then move to a classroom for the final sessions.

Tentative Program:

Scandic Hotel Hakaniemi, Siltasaarencatu 14

8:45 Fulbright Finland Foundation team members will meet you in the hotel lobby and escort you to FFF office.

Hakaniemenranta 6

9:00 Departure for EMMA Espoo Museum of Modern Art

EMMA Espoo Museum of Modern Art

9:30-12:15 Guided Tour & Lunch

12:20 Departure for Sibelius Upper Secondary School

Sibelius Upper Secondary School, Liisankatu 13

13:00-13:30 Introduction to the School and Performances by the Students



13:40-14:20 10,000 Years of Finnish History in 30 Minutes

Birger Holm, Vice Principal, Haukilahti Upper Secondary School

14:20-14:50 Suomi 101

Heidi Toivonen, Fulbright Language and Culture Teaching Assistant
2007-2008

14:50-15:30 Wrap-Up, Evaluations, and Certificates

15:30 Orientation Seminar Ends

Getting Back to the Hotel

Our program will end at approximately 3:30 pm. From the Sibelius Upper Secondary School it is a 1,2 km (*0.7 miles*) walk to the Hotel Scandic Hakaniemi. You can also take the bus or tram back to the hotel. The following trams and buses are recommended from the school to the hotel (get off at Hakaniemi stop):

- Tram 7 towards Pasila from Snellmanninkatu stop
- Tram 3 towards Meilahti from Kaisaniemenpuisto stop
- Bus 17 towards Kallio from Liisanpuistikko stop
- Bus 67 towards Torpparinmäki from Kaisaniemenpuisto stop
- Bus 61 towards Siltamäki from Kaisaniemenpuisto stop
- Bus 77 towards Jakomäki from Kaisaniemenpuisto stop

We recommend you purchase your travel ticket back to your city the earliest at 4:30 pm. This way you will have enough time to stop by the hotel and make it to your bus or train.

After the Orientation

Please send your reimbursement claim, including original travel tickets and receipts as well as the Finnish bank account number, to the Fulbright Finland Foundation by **Monday, February 3** (Please note that no reimbursement can be made after this date!). Address: Fulbright Finland Foundation, Heidi Tiainen, Hakaniemenranta 6, 00530 Helsinki. If you have only electronic copies of your tickets, you can send them to reimbursements@fulbright.fi.

Please note that reimbursements are paid immediately after February 3, so please ensure that all questions are handled by that date. Please also note that you are required to participate in the whole orientation program in order to be reimbursed.

Teachers, who don't have a Finnish bank account, will be reimbursed in one lump sum during summer 2020. **Please note that you are still required to send your original travel tickets by February 3.**

This map is also available
on Google Maps!
<https://bit.ly/2ZFogfk>

→ Villa Hittorp, Kirkkonummi

→ EMA Espoo Museum of Modern Art

Hotel Scandic
Hakaniemi
Fulbright Finland
Foundation Office

Sibelius Upper Järholm
Secondary School

U.S. Embassy

Guide map (gray), Guide map ©Helsinki City

Family Participation

			22-Jan	22-Jan	23-Jan	23-Jan	23-Jan	24-Jan	24-Jan
First name	Last name	Hotel Scandic Hakaniemi	Sessions at FFF Office	Cultural Evening at Hvittorp	Sessions at FFF Office	Helsinki City Tour	Embassy Reception	Tour and Lunch at EMMA	Sibelius Upper Secondary School
Charles	Andrews	Yes	No	Yes	No	Yes	No	Yes	Yes
Christopher	Andrews	Yes	No	Yes	No	Yes	Yes	Yes	Yes
James	Andrews	Yes	No	Yes	No	Yes	No	Yes	Yes
Azra	Erbatu	Yes	No	Yes	Yes	Yes	No	Yes	Yes
Melanie	Foster	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Susan	Gallagher	No	Yes	No	Yes	Yes	Yes	No	No
Sadie	Han	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Marjorie	Harville	Yes	No	Yes	No	Yes	No	Yes	Yes
Anna	Honea	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Charles	Honea	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Duncan	Honea	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Andrew	Koenig	Yes	No	No	No	Yes	No	No	No
Christine	Koenig	Yes	No	No	No	Yes	No	No	No
Corinne	Koenig	Yes	No	No	No	Yes	No	No	No
Gary	Koenig	Yes	No	No	No	Yes	No	No	No
Cairn	Larsen	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
Edward	Ransom	Yes	No	Yes	No	Yes	No	Yes	No
Jameson	Ransom	Yes	No	Yes	No	Yes	No	Yes	No
Josephine	Ransom	Yes	No	Yes	No	Yes	No	Yes	No
Caroline	Turner	Yes	No	Yes	Yes	Yes	No	Yes	Yes