



PRE-DEPARTURE ORIENTATION & AWARD CEREMONY

For Fulbright Finland Grantees

May 14, 2019, Helsinki, Finland #FinOrientation



FULBRIGHT FINLAND
FOUNDATION



Congratulations on your Fulbright Finland Foundation award!

With your 2019 award, you are joining the community of over 5700 grantees and alumni of the Fulbright Finland Foundation since the inception of our programs in 1949. We are excited to celebrate our 70th Anniversary this year!

Among the over 160 countries around the world that currently participate in our exchanges network, the Fulbright Finland Foundation is unique. It is based on a history unlike any other, and in the present day it distinguishes itself internationally for its exceptionally broad funding and partnership network. We are proud of our programs and we are so pleased to welcome you to our community of grantees and alumni.

All Fulbright Finland Foundation awards include a pre-departure orientation training seminar in Helsinki. The most important focus of the orientation is to plug you in to important networks and to give you an opportunity to meet face-to-face with our alumni, key partners,

and leaders in education and society. This is why we have given you most of the factual information already in advance through the Pre-Departure Webinar and the web-based Fulbright Finland Orientation Guide. Hence, the orientation day starts from where these two resources left off. It strives to give you the direct contacts and connections that will help you hit the ground running! Make the most of it!

I invite you to take an active role in the day's program. It is your questions and comments that will help us steer the discussions to be helpful to you specifically, and we look forward to lively and timely discussions with you. Once again, congratulations on your award and we hope that you will enjoy the day with us!

Terhi Mölsä
Chief Executive Officer
Fulbright Finland Foundation

Find us online

#FulbrightFinland #FinOrientation



TUESDAY, MAY 14

KUNTATALO (TOINEN LINJA 14)

08:30 Morning Coffee at the Restaurant Kalliokivi (ground floor)

KARHU MEETING ROOM, 3RD FLOOR

09:10 Welcome and Practicalities of the Day

Emmi Jelekäinen, Program Coordinator, Fulbright Finland Foundation
MC for the Orientation

09:25 Opening Remarks and Grantee Introductions

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

10:00 Fulbright Finland Foundation and its Worldwide Network

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

10:25 Break

10:40 How to Build Bridges and Connect with People?

Tools and Tips

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation
Maija Kettunen, Communication and Events Coordinator, Fulbright Finland Foundation

- Your role: choosing your way
- Tips for different media channels: digital (incl. social media, web, blogs), print (incl. Fulbright Finland News), broadcast, other
- Friends of Fulbright Finland's "Centennial Ambassadors" program

"I, the Ambassador" - Alumni View

Erkko Sointu, Fulbright Finland Travel Grantee 2015; Postdoctoral Researcher, University of Eastern Finland

- Be remembered
- Make a core presentation and use Fulbright Finland logo
- Match people
- Brand yourself

11:10

Greetings from the U.S. Embassy

Ethan Tabor, Deputy Public Affairs Officer, U.S. Embassy; Fulbright Finland Foundation Board Member

Meet Your U.S. Embassy Visa Officer - Q & A

Tero Kantanen, Consular Assistant - Immigrant visas, U.S. Consulate

- Questions after the Fulbright webinar and reading the U.S. Embassy website?
- What happens at the border and why does it matter?
- 2-year requirement and waiver
- Spouse employment possibilities
- Visa processing time
- Booking visa interviews

11:30

Lunch at Restaurant Kalliokivi (ground floor)

KARHU MEETING ROOM, 3RD FLOOR

12:30

Importance of the Role of the Alumni

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Greetings from the ASLA-Fulbright Alumni Association

Inari Ahokas, Study of the U.S. Institutes for Student Leaders from Europe 2016; ASLA-Fulbright Alumni Association Board Member; Program Assistant, Fulbright Finland Foundation

- The broader role of the Alumni Association in Finland
- Benefits of being a member
- How to get involved?

What is the Finnish Fulbright Welcome Network?

Emilia Holopainen, Program Coordinator, Fulbright Finland Foundation

12:45

Break-out Sessions on Social Security

Group 1: Researchers and Doctoral Students

MERI MEETING ROOM, 3RD FLOOR

- Moving to the U.S. – what do I need to know about social security?
- The role of Mela, ETK and KELA?
- What are the benefits of MYEL coverage?
- How and when to apply for the MYEL coverage and how is it paid?

12:45–13:10

Hanna Hyttinen, Insurance Specialist, ETK

Pauliina Vaara, Insurance Clerk, Mela

Lari Papunen, Insurance Clerk, Mela

13:10–13:25

Questions and Answers

Group 2: Bachelor's and Master's Students, and Professionals

KARHU MEETING ROOM, 3RD FLOOR

- Moving to the U.S. – what do I need to know about social security?
- How to apply for KELA student aid for studies in the U.S.?

12:45–13:10

Heidi Maaniittu, Coordinator, KELA

13:10–13:25

Questions and Answers

Group 3: Program Practices and Independent Assignment for Travel Grantees

HARJU MEETING ROOM, 3RD FLOOR

Erkko Sointu, Fulbright Finland Travel Grantee 2015; Postdoctoral Researcher, University of Eastern Finland

Group 4: Study of the U.S. Institutes' Grantees

Join the session of your choice and/or take a moment to post on social media

13:25

Coffee Break at the Lobby of the 3rd Floor

Group Discussion with Fulbright Finland Alumni

- Tips for preparing your stay in the U.S.
- First things to do when arriving in the U.S.
- House hunt and housing tips, the importance of reading the small print!
- Life on a U.S. campus and host organization matters
- Living in the U.S. – everyday issues (banking, health care, transportation, phone, bureaucracy, social life)
- Questions on U.S. culture
- Fulbright enrichment activities
- Bringing family to the U.S.

Group 1: Undergraduate Students (incl. Fulbright Finland Undergraduate Grants and Fulbright Finland Partnership Award with Vanderbilt University)

PUISTO MEETING ROOM

Michelle Paterick, Fulbright–University of Turku Graduate Award 2018–2019
Sarah Holdren, U.S Fulbright Fellow 2018–2019

FACILITATOR:

David Yoken, Senior Lecturer, Arts Academy, Turku University of Applied Sciences; Vice–Chair of the Fulbright Finland Foundation Board of Directors

Group 2: Graduate Students (incl. ASLA–Fulbright Pre–Doctoral Research Fellows, ASLA–Fulbright Graduate Grants, Fulbright–Technology Industries of Finland Grants, Fulbright Finland Partnership Award with University of South Florida, and Fulbright Finland Partnership Award with the University of Colorado Denver)

KARHU MEETING ROOM

Elli–Mari Aska, ASLA–Fulbright Pre–Doctoral Research Fellow 2018–2019
Sohvi Huikuri, ASLA–Fulbright Graduate Grant 2017–2018
Lauri Kivijärvi, ASLA–Fulbright Graduate Grant 2017–2018
Kaisla Komulainen, ASLA–Fulbright Graduate Grant 2017–2018
Anna Kukkonen, ASLA–Fulbright Graduate Grant 2017–2018

FACILITATOR:

Karoliina Kokko, Senior Program Manager, Fulbright Finland Foundation

Group 3: FLTAs (Fulbright Finnish Language and Culture Teaching Assistant Program)

KARHU MEETING ROOM

Minna Rissanen, FLTA Grantee 2016–2017
Laura Tuomainen, FLTA Grantee 2017–2018

Group 4: Lecturers, Researchers, and Professionals (incl. ASLA-Fulbright Research Grants for Senior Scholars, ASLA-Fulbright Research Grants for Junior Scholars, and ASLA-Fulbright Mid-Career Professional Development Grants)

MERI MEETING ROOM

Sirpa Kokko, Mid-Career Professional Development Grant 2018-2019; Senior Lecturer, University of Helsinki

Patrick Rand, U.S. Scholar 2018-2019; Distinguished Professor, North Carolina State University

Veronika Laippala, ASLA-Fulbright Research Grants for Senior Scholars 2018-2019; Associate Professor, University of Turku

Pyry Kettunen, ASLA-Fulbright Research Grants for Junior Scholars 2017-2018; Senior Research Scientist, National Land Survey of Finland

Jussi Nikula, Mid-Career Professional Development Grant 2018-2019; Head of Program, WWF - World Wildlife Fund in Finland

FACILITATOR:

Emmi Jelekäinen, Program Coordinator, Fulbright Finland Foundation

Group 5: Teachers (Fulbright Distinguished Awards in Teaching)

KAIKU MEETING ROOM

Matthew Freedman, Fulbright Distinguished Awards in Teaching 2018-2019; High School English Teacher, Newburgh Free Academy

Taru Pohtola, Fulbright Distinguished Awards in Teaching 2015-2016; English Teacher, Martinlaakso Upper Secondary School

FACILITATOR:

Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation

Group 6: Study of the United States Institutes for Scholars and Professionals

PUISTO MEETING ROOM

Minna Jokela, Study of the U.S. Institutes for Scholars 2018; Researcher, The Finnish Border and Coast Guard Academy

FACILITATOR:

Jussi Ikkala, Study of the U.S. Institutes for Scholars 2016; Doctoral Student, University of Helsinki

Group 7: Study of the U.S. Institutes for Student Leaders from Europe

LOBBY, 3RD FLOOR

Ronja Salo, Study of the U.S. Institutes for Student Leaders from Europe 2017

Inari Ahokas, Study of the U.S. Institutes for Student Leaders from Europe 2016

Group 8: Travel Grantees (Fulbright Finland Travel Grants for Research Collaboration and Fulbright Finland Travel Grants for Institutional Partnership Building)

Join the session of your choice or continue your independent assignment

15:00 Break

15:15 Bus to the Helsinki City Hall

Seminar Closing Words on the bus

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

HELSINKI CITY HALL

15:35 Group Photo

16:00 Fulbright Grantees as Ambassadors of Finland and Promoters of Our Country Brand

Laura Kamras, Director, Unit for Public Diplomacy, Ministry for Foreign Affairs

- Finland's country brand
- As citizen diplomats, what can Fulbright Finland Foundation grantees do to promote Finland's country brand?
- How can the Ministry for Foreign Affairs of Finland and the Finnish diplomatic missions in the U.S. be of assistance to and work with the Fulbright Finland Foundation grantees?

16:20 Representing Finnish Education, Research, and Innovation in the United States

Ilkka Turunen, Counselor for Education and Science, Embassy of Finland, Washington, D.C.

16:25 Rehearsal


17:00 Award Ceremony & Reception at the Helsinki City Hall

HOSTS:

Eevamari Laaksonen, Director, Ministry for Foreign Affairs

Pia Pakarinen, Deputy Mayor for Education, City of Helsinki

19:00 Event Ends



*On the 70th Anniversary Year of the ASLA-Fulbright Program and
100th Anniversary of the Finnish-U.S. Diplomatic Relations*

*Fulbright Finland Foundation
Award Ceremony*

*Honoring
the 2019–2020 Awardees to the United States and
the 2018-2019 Awardees to Finland*



Valse Triste by Jean Sibelius
Argine Safari
Fulbright Distinguished Award in Teaching 2018-2019

Opening Remarks
Pia Pakarinen, Deputy Mayor for Education
City of Helsinki

Remarks on Behalf of the U.S. Government

Ambassador Robert F. Pence
Embassy of the United States of America

Remarks on Behalf of the Finnish Government

Ambassador Kirsti Kauppi
Embassy of Finland, Washington D.C.
(video greeting)

Awarding of Fulbright Finland Grant Certificates

Terhi Mölsä, Chief Executive Officer
Fulbright Finland Foundation

Words of Thanks on Behalf of the Fulbright Finland Grantees and Musical Performance

***For Good* from “Wicked” and *Home* by Phillip Phillips**

Argine Safari, Julia Miller and Jane Weiss
2018-2019 U.S. Grantees

Closing

Eevamari Laaksonen, Director
Ministry for Foreign Affairs

Reception



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